

## Controlling Blood Pressure (CBP)



### Measure Description

The percentage of members 18 - 85 years of age who had at least two visits on different dates of service with a diagnosis of hypertension (HTN) during the measurement year or the year prior to the measurement year, and whose BP was adequately controlled (BP  $\leq$ 139/89 mm Hg).

- The measure is a weight of (3) stars and is part of the **STARs P4P Incentive Program**
- Any outpatient visit, telephone visit, or virtual assessment claims submitted with a diagnosis of hypertension in the measurement year or the year prior to the measurement year will include the applicable members in the eligible population.

### Member Compliance

- The BP reading must occur on or after the date of the second diagnosis of hypertension.
- Last BP taken during the measurement year must be  $\leq$ 139/89 mm Hg regardless of diabetic or non-diabetic diagnosis.
- BP reading CPT code submitted in an outpatient visit, a non-acute inpatient encounter, or remote monitoring event during the measurement year will close the gap.

### Call to Action

Take multiple BP readings at the beginning and end of the visit:

Try switching arms; use the lowest systolic and lowest diastolic BP as the compliant BP reading for that visit

- ✓ **Educate** the patient on ways they can help keep their BP controlled.
- ✓ **Encourage** the patient to take their medication on-time.
- ✓ **Follow up** with a member for a BP check after their initial diagnosis.
- ✓ **Schedule** member's follow-up visit prior to discharging from clinic.
- ✓ **Submit** the hypertension diagnosis code for all applicable claims.

### Exclusions

- Members in hospice or using hospice services
- Members receiving palliative care
- Members who died
- Members with a diagnosis of pregnancy
- Dialysis
- End-stage renal disease (ESRD)
- Kidney transplant
- Nephrectomy

2025 Codes	
Systolic	Diastolic
<b>3074F</b> Most recent Systolic LESS than 130 mm Hg	<b>3078F</b> Most recent Diastolic LESS than 80 mm Hg
<b>3075F</b> Most recent Systolic between 130 - 139 mm Hg	<b>3079F</b> Most recent Systolic between 80 - 89 mm Hg
<b>3077F</b> Most recent Systolic GREATER THAN or EQUAL TO 140 mm Hg	<b>3080F</b> Most recent Systolic GREATER THAN or EQUAL TO 90 mm Hg



Please **fax** medical records to **877-741-9186**  
Contact us with questions at **Stars\_Support@uhcsouthflorida.com**  
or speak to your Health Plan Representative.